



## AMAC Action Recommendation for Improving Individual Health

*AMAC urges legislative action to encourage long-term health for individuals*

While legislation is being drafted for the next phase of coronavirus legislation, it is imperative that Congress removes harmful regulations and offer more options to seniors to improve individual health. Providing seniors with a more transparent healthcare system will increase long-term health for individuals and society.

1. **Expand HSA Uses to Provide More Choice:** Congress should enact S. 3112, the Personalized Care Act of 2019, which uncomplicates health care and puts Americans in charge of their care by expanding HSAs to pay for direct primary care, health sharing ministries, insurance premiums and medications. This expansion of options for HSAs provides individuals and families the opportunity to tailor care specific to their needs with tax-free dollars.
2. **Enact S. 3384, the “Lowering Prescription Drug Prices for America’s Seniors and Families Act of 2020”:** This legislation empowers seniors to take more control over their prescription costs by requiring Medicare Part D plans to include real-time benefit information so beneficiaries know what’s covered on their formulary and how much they would have to pay out-of-pocket.
3. **Ensure Seniors have access to vaccinations:** Congress should enact H.R. 5076, the “Protecting Seniors Through Immunization Act of 2019.” This bipartisan legislation would eliminate out-of-pocket costs for vaccines for people covered under Medicare and improve vaccines awareness and education for beneficiaries. Medicare is difficult to navigate, and financial barriers can stand in the way of seniors receiving vaccines. The result of seniors not receiving these vaccinations is preventable deaths, potentially significant costs to Medicare to treat a vaccine-preventable illness, and even long-term suffering from the effects of preventable diseases. This legislation helps ensure seniors can have access to affordable vaccines they need to live longer and healthier lives. It would also: (i) reconcile Medicare Part D’s coverage of vaccines in terms of deductibles, coinsurance, coverage limits and annual out-of-pocket spending thresholds with those of Medicare Part B, and (ii) update the vaccine information in the “Medicare and You” Handbook as well as authorize a study to determine ways to increase adult vaccine rates.

AMAC urges Congress to include policies focused on long-term health goals during the next phase of the COVID-19 response. Allowing more options and removing penalties for individuals will better benefit the future of the Americans’ health.

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The 2.1-million-member *Association of Mature American Citizens (AMAC)* [[www.amac.us](http://www.amac.us)] is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC acts and speaks on members’ behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. AMAC Action is a 501(c)(4) nonprofit advocacy organization created to assist AMAC members with grassroots participation on Capitol Hill and at the local level through our advocacy programs.